

INTERNATIONAL SPECIAL TRAINING CENTER

ADVANCED CASUALTY SUSTAINMENT PACKING LIST

PACKING LIST:

REQUIRED:

- Combat Fatigues complete (2 sets)
- Military Boots (2 pair)
- Seasonal military clothing – e.g. wet weather or cold weather garments
- Head gear and field cap (1 each)
- Ballistic helmet w/ chin strap
- Load-bearing equipment and/or body armor
- Head lamp (low visibility, blue or green)
- Camelback or water bottle (1 each)
- Patrol equipment, (Rucksack, Sleeping bag + Mat+ bivy bag, etc.)
- Eye protection (safety lens clear)
- Hearing protection
- Pens, pencils and notebooks (enough for 10 days classroom instruction)
- Combination or keyed padlocks (2 each)
- Personal hygiene & toiletry kit
- Bath Towel
- Shower sandals
- Casual civilian clothing
- HIV and Hepatitis B and C negative (no older than 3 months)
- Tetanus Immunization
- DISCLAIMER see enclosure 1-2 to annex I
- Wrist Watch

OPTIONAL (RECOMMENDED):

- Sports kit and/or track suit
- Sunscreen/sunblock
- GPS
- Laptop computer
- Small back pack (day pack)
- Dictionaries, Medical & English
- Boot cleaning kit
- Knee Pads
- Night Vision Goggles

ITEMS PROVIDED BY ISTC:

- Medical Aid Bag w/ supplies and equipment
- Medical textbooks & SOF Medical Handbook CD
- Class workbook & study guide
- Group computer lab with internet access
- Linens, Blanket & Pillow

* Clothes washing facilities available at no additional cost; students must provide their own detergent.

* Computer Lab & Internet access available at no additional cost.